

SANJAY ADHIA, M.D.

Board-Certified in Forensic Psychiatry
Board-Certified Brain Injury Medicine
Board-Certified in Psychiatry
American Board of Psychiatry and Neurology

TELEPHONE: (832) 746-5905

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5826 New Territory Blvd.

Suite 803

Sugar Land, TX 77479
Houston Metropolitan Area

FORENSIC PSYCHIATRY

CLINICAL PSYCHIATRY

LICENSED PHYSICIAN, TEXAS

Medical Licensure:

Texas Medical License, Board of Medical Examiners; Q0720

Board-Certification:

Board Certified in Psychiatry, American Board of Psychiatry and Neurology
(Certificate #67625), (2014)

Board-Certified in Forensic Psychiatry, American Board of Psychiatry and
Neurology (Certificate #2127), (2015)

Board-Certified in Brain Injury Medicine, American Board of Psychiatry and
Neurology (Certificate #101), (2018)

Academic Appointments:

Assistant Professor of Psychiatry, University of Texas Health and Science
Center and Forensic Psychiatry mentor to Psychiatric residents (2019-
current)

Assistant Professor of Psychiatry, University of Texas Medical Branch
(UTMB) (2016-2018)

Assistant Professor of Psychiatry, University of Texas Health and Science
Center (2012-2013, 2015-2016)

Professional Experience

Sanjay Adhia, M.D., Forensic Psychiatrist in private practice (2014-Present)
Psychiatry Consultant treating brain and spinal cord injury patients, The
Institute of Rehabilitation and Research Memorial Hermann (2019-current)

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Medical Director, PACE Mental Health Clinic, Sugar Land, TX (2018-2019)
Psychiatrist, U.S. District Court, Southern District, Houston, TX (2018-2019)
Psychiatrist, UTMB-CMC Jester IV Prison Hospital, Richmond, TX (2016-2018)
Attending Psychiatrist, University of Texas Harris County Psychiatric Center,
Competency Restoration Unit, Houston, TX (2015-2016)
Psychiatrist, Texas State Department of Aging and Disability Services, SSLC,
Richmond, TX (2014)
Inpatient Attending Psychiatrist. University of Texas Harris County Psychiatric
Center, Houston, TX (2012-2013)

Government Appointments

Appointment to Governor's Advisory Committee to the Texas Board of
Criminal Justice on Offenders with Medical or Mental Impairments.
Appointed and confirmed by the Texas State Senate (2019).
Additional appointment to the Geriatric Sub-Committee.

Volunteer

Physicians for Human Rights – Asylum Network conducting pro bono forensic
psychiatric evaluations.
Daya Houston, non-profit support services for Asian victims of domestic
abuse conducting forensic psychiatric evaluations.
Program for Immigrant and Refugee Child Health, Baylor College of
Medicine, conducting forensic psychiatric evaluations

Professional Affiliations

American Psychiatric Association
American Academy of Psychiatry and the Law
Committee Memberships:
Forensic Neuropsychiatry
Human Rights & National Security
Physicians for Human Rights - Asylum Network

Government Contracts

U.S. Department of Defense
Federal Courts
Please contact Dr. Adhia for CAGE, SAM and DUNS Codes

Education:

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Forensic Psychiatry Fellowship, Oregon Health & Science University,
Portland, Oregon (2014)
Psychiatry Residency, University of Texas HSC, Houston, Texas (2012)
Psychiatry Internship, University of Kansas Medical Center, Kansas City,
Kansas (2009)
Doctor of Medicine, M.S. Ramaiah Medical College (2004)

Awards and Honors:

Editor-In-Chief of Brain Injury Medicine - Stat Pearls
Ranked #1, Psychiatry Residency In-Service (PRITE) 2010

Presentations:

2017. Clinical Decision Making, Non-Emergency Compelled Medications, 6th
International Conference on Forensic Research & Technology 9/2017,
Houston, Texas

2012 Treatment-Resistant Depression Grand Rounds, University of Texas
Health Science Center, 2012, Houston, Texas

2014 Psychiatry 101 Lecture, Willamette University College of Law, Salem
Oregon

2014 Introduction to Forensic Psychiatry Lecture, Willamette University
College of Law, Salem, Oregon

2015 Forensic Psychiatry: An Introduction Resident Lecture, University of
Texas Health Science Center, May 2015, Houston, Texas

2015 Civil Forensic Psychiatry Resident Lecture, University of Texas Health
Science Center, Houston, Texas

Publications:

Naras Bhat, M.D., FACP, Sanjay Adhia, *How to Reverse and Prevent Heart
Disease and Cancer*, 1994

Research:

Cedars-Sinai Medical Center Role of Massage on Depression Study, 2006
CHAI Study, Coronary artery disease among Houston Asian Indians, 2005
Carpal Tunnel Glove, Biofeedback and EMG Research, 1996

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